

Day Trading Journal

Mistakes to Avoid

1. Buying Stocks Without a Plan.
2. Not Cutting Losses Quickly.
3. Buying Stocks with No Volume.
4. Trading TOO Large Position Sizes
5. Letting Emotions Take Control Over of You
6. Neglecting Stop Orders

Total # of Trades	
Winning Trades	
Loosing Trades	
Percent Profitable	

Total Net Profit	
Gross Profit	
Gross Losses	
Profit/Loss Ratio	

[illegible]

Student Signature

Instructor Signature